

Fully Cooked
Just Heat & Eat



Fully Cooked Frozen Halal Meals!

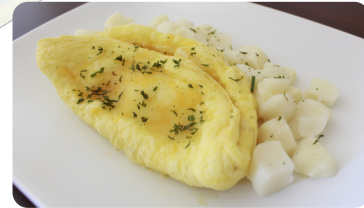
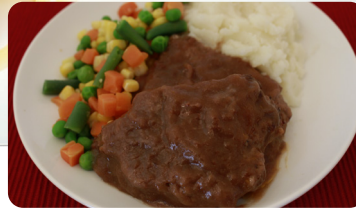
- Microwavable & Ovenable
- Delicious Well Tested Flavors & Recipes
- Full Meals With An Entrée & 2 Sides
- Certified Halal
- No Preservatives, No MSG, And No Additives
- Ideal For Correctional & Healthcare Accounts





Fully Cooked Frozen Halal Meals!

GREAT FLAVOR CHOICES READY TO HEAT & SERVE!



Item Code	Description	Pack Size
MPMCC	Breaded Chicken Nugget Cacciatore & Carrots	20/20 oz.
MPMML	Meatloaf With Brown Gravy, Mashed Potatoes & Mixed Vegetables	20/16 oz.
MPMSPM	Spaghetti & Meatballs With Sauce & Green Peas	20/20 oz.
MPMBNF	Beans & Franks with Diced Potatoes	20/18 oz.
MPMCHM	Chicken Chow Mein with Rice, Gravy, & mixed Vegetables	20/20 oz.
MPMFSH	Fish Fillet With Tomato Sauce, White Rice, and Lima Beans	20/14 oz.
MPMOMT	Plain Omelet With Cheese & Potatoes	20/7 oz.
MPMSOMT	Spanish Omelet With Cheese & Potatoes	20/7 oz.
MPMTCUT	Turkey Cutlet With Mashed Potatoes & Mixed Vegetables	20/16 oz.
MPMHHM	Hawaiian Meatballs with Green beans and rice	20/15 oz.
MPMBW	BBQ Chicken Wings, Mashed Potatoes, and Mixed Vegetables	20/16 oz.
MPMVEG	Vegetable Protein Cutlet With Rice & Beans	20/13 oz.
MPMVGC	Vegetable Chili With Rice And Vegetables	20/19 oz.
MPMSCR	Vegetable Cabbage Roll With Mixed Vegetables, and Mashed Potatoes	20/16 oz.
MPMSSLB	Salisbury Steak & Mashed Potatoes With Gravy & Lima Beans	20/16 oz.
MPMCPAT	Chicken Patty With Rib Meat, Pepper Gravy & Mixed Vegetables	20/16 oz.

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